



Agenda for Mindful Money Day

29<sup>th</sup> November 2011

9-30 – 4-30

For better  
mental health

in Mid Herts

Hertfordshire Development Centre, Robertson House, Stevenage, Herts, SG1 2FQ

Time	Activity
9-30	Arrivals and Refreshments – time for looking at displays, information stands and networking.
10.00	Introduction Session to include: Outline of the day Introduction of the Evaluation Tool Welcome Pack Icebreaker linked to Financial Capability
10.40	Introduction to financial capability Delivered by Mind trainer using Mind training pack. Participative approach using a 'case study' story line and to include peer learning principle.
12.20	Mind in Mid Herts Presentation including "Money, Money, Money"
12.45	Lunch Anti Stigma Film Anti-Stigma Graffiti Wall "Market Place" for signposting support for financial information/advice and promoting Mind associations and partners.
13.45	Mental Health Awareness Mind training pack Participative approach, backed by resources Continued inclusion of peer learning principle.
15.15	Refreshments
15.30	Financial capability/MHA questions and answers session to panel of experts
16.00	Mind in Mid Herts Presentation including "The Interest Rate Game...Higher or Lower?"
16.20	Evaluation of the day
16.30	Close