

Claire Wilkinson

Claire has been a HR professional for nearly 15 years partnering business leaders on their people strategies. She is a Chartered member of the CIPD. She currently works for St Albans' biggest employer where she has responsibility for defining and delivering the Wellbeing Strategy across the Europe & India region. 'I am passionate about mental health and ensuring that the wellbeing of employees is a top priority. Also, that the organisational culture allows people to bring their best selves to work'. Claire is excited to bring her corporate experience and make a positive contribution to MiMH and the lives of those it supports. She lives in St Albans with her young family and loves to travel.



Rachel Chetty

I am currently a Head of Service in the West Hertfordshire Hospitals NHS Trust driving service improvements in quality and performance. My role is to listen and understand the health needs of the workforce, provide analysis and solutions across the organisation, and influence the change required to improve the health outcomes of our working population. With over 15 years' experience in the health sector, both public and private, and speciality in occupational health and wellbeing, I have seen the devastating impact adverse mental health can have on individuals, families, and communities. I'm committed to playing a key role in supporting MiMH to deliver its strategy, uphold its values and continue to make a difference in supporting our community.

